



# MINUTES

Date | time 5/13/2019 1:00 PM |

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## In Attendance

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**Present:** Laura L (Coordinator), Jan P (Chair), Nichole M (Co-Chair), Joan O'B, Stacey M (Recorder), Phyllis (Treasurer), Barbara H

**Regrets:** Kolleen M

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## Approval of Agenda/Minutes

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### Approval of May Agenda

Motion: Jan P

Second: Joan O'B

### Approval of March Minutes

Motion: Jan P

Second: Nichole M

### Approval of April Minutes

Motion: Jan P

Second: Joan O'B

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## Coordinator's Report

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- Ask a Parent
  - Early May the article on Managing Big Emotions and is now online
  - Late May – Managing Screen Time article
  - June – Family Table article
  - Board discussed July's topic being on "It's OK for your kids to be bored".
  
- Spring Workshops
  - Registrations are good but attendance hasn't been great. For example; Kolleen's Discipline workshop had 25 registered and 8 on wait list but 12 attended first night and 6 on the 2<sup>nd</sup> night. Board discussed ways to improve attendance. Nichole suggested following up after the workshop with the people who did not show and ask them if they want to register for another workshop because they missed the one the night before. Board agreed that would be a good way to check in to see why people were not attending and may help to get people cancelling if they cannot attend beforehand.

- Managing Big Emotions (Art Therapy) 15 were registered and 7 attended. The workshop had great reviews. The next workshop is June 4<sup>th</sup>, 14 are registered so far.
- Kerry's Place had to cancel May 28<sup>th</sup> workshop
- Upcoming workshops; Surviving/Thriving in the Teen Years, Unplug and Connect: Ending Screen Time Battles
- Constant Contact
  - Newsletters are getting good responses. April had a 49.7% open rate and a 20% click rate.
- Grants:
  - Waiting to hear on the Dufferin County Grant and the 100 Women Who Care

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## Treasurer's Report

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- Catherine has the books/financials for the audit
- Bank Balance is approximately \$22,970

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## 20<sup>th</sup> Anniversary Celebration

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- Anniversary is from September to June; so the celebration can happen anytime within that period. Board agreed to plan the celebration for later in the year.

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## AGM

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- Invite all facilitators
- Food:
  - Phyllis – fruit tray
  - Jan- veggie tray
  - Barbara – chocolate
  - Joan – gluten free dessert
  - Stacey – cheese and crackers

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## Next Meetings

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- June 17 (AGM)

### Next year tentative meeting dates:

- September 9<sup>th</sup>
- October 7<sup>th</sup>
- November 11<sup>th</sup>
- December 16<sup>th</sup> (evening)
- January 13<sup>th</sup>
- February 10<sup>th</sup>
- March 9<sup>th</sup>
- April 6<sup>th</sup>
- May 11<sup>th</sup>
- June 8<sup>th</sup>